

Got That Nagging Feeling?

Check all that applies to you.

- ☐ I have a feeling that I am missing something.
- ☐ The world seems to be out of control and I do not think that it will get better.
- ☐ No matter what I have I cannot stop worrying about the future.
- ☐ My life has no direction – I do not know where it is going.
- ☐ The world seems to be out of control and I feel helpless in it.
- ☐ I wonder if a faithful love is possible, a love that is lasting.
- ☐ I am often anxious.
- ☐ Everything that is happening around me makes me feel helpless.
- ☐ I feel incomplete even when I am successful in what I do.
- ☐ I find myself thinking about life, what it is all about.
- ☐ I wish I am confident that I am making the right decisions.
- ☐ There is emptiness in my life, that something is lacking.
- ☐ In spite of my success, my family, my friends, I am not completely content.
- ☐ I am not sure if I am making right decisions about my choices in life.
- ☐ I wonder what will really make me fulfilled and complete.
- ☐ I wish I could find out what this sense of lacking something is all about.

If you checked most of them, why not at least give the God option a try?

Call 503-256-5850 ext. 204, email stella@stthereseor.org or return this checklist to the Parish Office with your name and contact information. When you wrestle with big questions, you need to include all options to give you the best answers, right? ☺

Name: _____

Phone number _____

Email _____

