

Our Examination of Conscience

Do you struggle with doubts, with questions about our Faith?

Are there teachings of our Faith that you find difficult to live and practice, or refuse to live and practice?

Is your life oriented toward the Holy Eucharist, truly finding strength and purpose by receiving the Blessed Sacrament as often as you can?

Do you have anger toward someone or something that makes it difficult for you to step back and think in a rational way?

Have you thought unkindly about someone, regardless of what they have done to you?

Have you said hurting and malicious words because you do not take the time to think it through, breaking someone's heart and reputation?

Is it difficult for you to accept that you might be the one at fault in a conflict?

Is it difficult for you to sincerely admit your fault and apologize?

Is it difficult for you to accept an apology?

Have you let your ambition and personal interests override your good judgment, making it easy for you to deliberately disregard God's commandments?

Do you love faithfully?

Do you love faithfully according to God's vision of love and holiness?

Do you struggle with temptation of any kind that you know will hurt your friendship with God?

Do you struggle with excesses of any kind that you know will hurt your body, your well-being and your friendship with God?

Do you desire the fire of the Holy Spirit to illumine your mind, to teach you humility, to soften your heart and ask for God's help?